

Health and Wellbeing Board Annual Report

June 2023

The second Annual Report for the Health and Wellbeing Board



Doncaster
Delivering Together



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Foreword

Councillor Rachael Blake
Chair of Doncaster Health and Wellbeing board
Portfolio Holder for Children's Social Care, Communities and Equalities



As chair of the Health and Wellbeing board I am delighted to introduce this 2nd annual report informing the public and all our partner organisations about the work that we have been doing throughout the year to improve the health and wellbeing of all our residents.

I took the role of Chair in 2017 and every year at the end of every year I thank all our health, wellbeing and care organisations for the work they continue to do despite dealing with rising demand and less real resources to meet that demand. I am always amazed how organisations attend the Board and continually strive to improve – to be more effective, to be more efficient, to do more with less and to innovate – recognition that I think is sadly lacking from national discussions so I would like to say to all organisations in Doncaster working in the NHS, social care and the voluntary sector thank you for everything you do, your professionalism, your tenacity and your determination to improve health and wellbeing in Doncaster – we as a Board are very proud of the work you do.

This year saw the beginning of the integrated care partnerships working and we have members of our Doncaster Health and Wellbeing Board who are members of the South Yorkshire Integrated Partnership. I see the task of the South Yorkshire partnership to work across all health and social care systems to put the funding where it is needed most; where it can have the biggest impact on those communities that currently get the worst health and wellbeing outcomes. Moving closer to home, I am delighted that after delays due to Covid we have started our Fairness and Wellbeing commission – put simply we are listening to people who know best – the people with lived experience and as organisations looking at what we can do differently to improve health and wellbeing in Doncaster. The commission is expected to report on its findings in autumn 2023 and as Chair I look forward to receiving and acting on this report.

The Health and Wellbeing Board is an open meeting and we encourage members of the public to attend and share their experiences and work with us to address your concerns and make health and wellbeing something that we all experience and for as long a time as possible.

Anthony Fitzgerald

Vice Chair of Doncaster Health and Wellbeing Board
Executive Place Director- Doncaster



I would like to echo Councillor Blake's delight in sharing our first Health and Wellbeing report as the CITY of Doncaster! This year is my first in the position as Vice Chair of the Board and I am proud of the achievements this report documents. I am also realistic about the challenges we face in Doncaster but excited by the potential we have as partner organisations in improving the health and wellbeing of our residents. This year saw the start of NHS South Yorkshire, our Goal is

"To improve health and wellbeing, the quality and experience of care, eliminate health inequalities and ensure South Yorkshires people have access to the services they need to live well throughout their lifetime"

And this clearly resonates with everything we are trying to achieve here in Doncaster. We know that we have many avoidable, unfair and systematic differences in health between different groups of people in our city – and in some cases these have increased during the pandemic. We now need to address this by working together in innovative ways that make health and care services easy to navigate for our residents, patients and their families. I know we can achieve this because there are examples of our frontline staff working in this fashion every day. I am proud of the way our staff have responded to winter pressures and industrial action whilst still ensuring we respond to the ongoing covid demand. I am also excited by the potential that technology can play in this way of working, and Doncaster is leading way in our approaches to reducing digital isolation in collaboration with our Voluntary Sector organisations.

Our challenge is to do all the above whilst ensuring we continue to recover services impacted through the covid pandemic. We know we have improvements to make in access and waiting times in primary care, mental health and planned care services. We have specific trajectories to meet this year, and the Health and Wellbeing Board will continue to monitor and advise this work. Like Rachael I would encourage attendance and challenge at the Board meetings.

I would like to end by thanking all our health and care staff who continue to work tirelessly to provide and improve services across Doncaster. Long may this continue.

Acknowledgments

- Louise Robson
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- Mike McBurney
- Helen Conroy
- Bryony Shannon
- Clare Henry
- Mitchell Salter
- Emily Adams
- Mandy Espey
- Laura Quinn

About the Health and Wellbeing Board

The membership of the Health and Wellbeing Board in 2022-23 was:

Name	Job Title	No. of Meetings Attended (out of 5)
Cllr Rachael Blake (Chair)	Portfolio Holder for Children's Social Care, Communities and Equalities	4
Cllr Nigel Ball	Portfolio Holder for Public Health, Leisure, Culture and Planning	4
Cllr Andrea Robinson	Portfolio Holder for Adult Social Care	4
Cllr Cynthia Ransome	Conservative Group Representative	5
Anthony Fitzgerald, Executive Place Director, NHS South Yorkshire Integrated Care Board (Vice-Chair) ^		4
Dr Rupert Suckling, Director of Public Health, City of Doncaster Council		4
Sheila Lloyd, Interim Chief Executive RDaSH		3 (s)
Steve Shore, Chair of Healthwatch Doncaster *		4 (s)
Karen Curran, Head of Co-Commissioning, NHS England (Yorkshire & Humber)		0
Richard Parker, Chief Executive of Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust		5 (s)
Phil Holmes, Director of Adults, Health & Wellbeing, City of Doncaster Council		4 (s)
Riana Nelson, Director of Children, Young People & Families, City of Doncaster Council		4 (s)
Ian Proffitt, District Commander for Doncaster, South Yorkshire Police		0
Ellie Hunneyball, Group Manager, South Yorkshire Fire and Rescue		1
Dan Swaine, Director of Economy & Environment, City of Doncaster Council		0
Dave Richmond, Chief Executive, St Leger Homes		3
Laura Sherburn, Chief Executive, Primary Care Doncaster		1
Lucy Robertshaw, Health and Social Care Forum Representative		5 (s)
Cath Witherington, Chief Executive, Voluntary Action Doncaster		4

*Left the Board in Feb 2023 ^New post holder joined the Board in Sept 2022

(s) This member has sent a substitute for at least one meeting.

Note – Board Members can nominate substitutes from their respective organisations to attend in their absence, so in some instances the figures in the table may include attendance by substitutes – indicated by '(s)'. Details of substitutes attending meetings are recorded in the formal minutes of the Board meetings, which can be viewed on the Council's [website](#).

What was achieved in 2023-2023

PLAN: Address health inequalities, reviewing access to services including primary care, health outcomes by population groups and establish a Fairness and Wellness commission

ACTION: A number of health inequalities workshops have been held across Doncaster and South Yorkshire including a South Yorkshire regional Health and Wellbeing Board event, a North locality workshop and various presentations and workshops including a presentation to the Health and Wellbeing Board. The Fairness and Wellness commission is now established and meeting regularly and there is an update provided in this report.

PLAN: Continue to use the life course approach to coordinate activity and track progress. Agree a set of 'Deep Dives' within the life course approaches (e.g. children and young people's mental health, homelessness, substance misuse and dementia)

ACTION: All of the work areas have progressed across the life course approach and updates can be found in the relevant sections in this report

PLAN: Increase the voice of local residents in the Health and Wellbeing Board and refresh the Health and Wellbeing strategy.

ACTION: A number of meetings have taken place around public engagement and The Health and Wellbeing Board and a series of lived experience themes have been applied to the Health and Wellbeing Board agenda and will take place going forwards. An options paper to refresh the Health and Wellbeing Board strategy was presented to the March Health and Wellbeing Board and a draft proposal is now under way which will align to existing strategies and the ICP strategy and wider place work.

PLAN: Develop effective working arrangements with the new health system structures and local Voluntary, Community and Faith groups

ACTION: This is taking place through various forums including the Fairness and Wellness commission, the Fairness and Inclusion forum and the Voluntary Action Doncaster network

PLAN: Agree delivery responsibilities for Doncaster Delivery Together with the new Team Doncaster partnership structures.

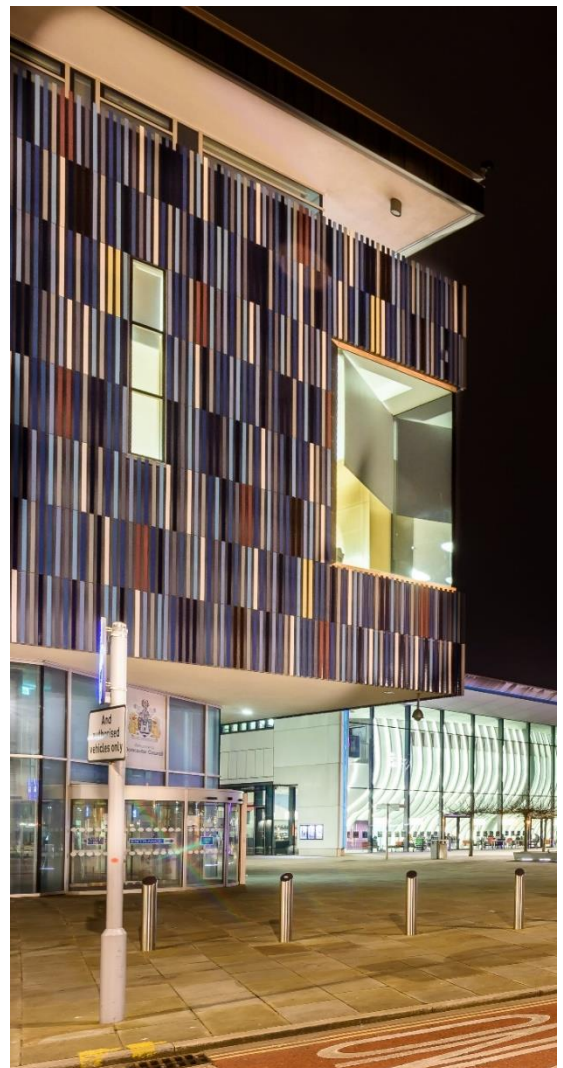
ACTION: The update on Doncaster Delivery Together is provided in the Ways of Working section and will be aligned with the refresh of the Health and Wellbeing Board and its strategic priorities.

PLAN: Continue to build on the compassionate and community centred approaches seen in Get Doncaster Moving, Well Doncaster and the compassionate approach to weight and develop joint investment approaches to health and wellbeing.

ACTION: There are updates on all the approaches in the Ways of Working section and good progress in all areas.

PLAN: Continue to receive Children Safeguarding, Adult Safeguarding and Child Death Overview Panel Annual Reports.

ACTION: The Health and Wellbeing Board continues to receive the safeguarding and Child Death Overview Panel annual reports and brief updates are provided in the Health and Wellbeing Board Strategy.



Understanding the Doncaster Population

JSNA 2022-23

The JSNA delivery plan for 2022-23 followed the model agreed in 2018. The plan included a number of discreet work packages to be delivered over the course of the year.

The COVID19 epidemic has continued to affect communities across the borough. The data team continued to provide data and analysis to support the local response to the epidemic. Positive cases, vaccination uptake rates and hospital admissions have all continued to be monitored. The team also started to monitor the impact of respiratory infections on hospital activity as part of the winter pressures planning.

During 2022 the results from the 2021 Census began to be published. The findings are analysed and the key findings have been explored in a series of short briefings. Over the next year, as more detailed data become available, more reports are going to be published.

The 'Combatting Drugs Partnership' Meeting has commissioned a 'Doncaster Drug & Alcohol Needs Assessment'. The aims of this report are to:

1. Use quantitative and qualitative data sources to assess the needs of the population of Doncaster in relation to alcohol and drug use;
2. Identify areas of currently unmet need and inequalities; and inform decision makers/partners of the needs of the local community in future service commissioning and provision.

The JSNA section of the 'Team Doncaster' has been updated and two interactive reports are available at www.teamdoncaster.org.uk/jsna. The first report (JSNA: Demographics) has information on population, employment and wellbeing. The second is 'Doncaster Joint Strategic Needs Assessment'; this provides updates on the outcomes detailed in the Health and Wellbeing Strategy.

The Stronger Families Programme moved into Phase 3 from October 2022. As a result an evaluation of phase 2 was commissioned.

Field work has been completed to capture quantitative and qualitative data around; demographics of families supported, family experience, service transformation (including workforce experience) and impact. The evaluation report once completed will be circulated for comment to programme SRO and then presented to the Early Intervention Steering Group. Key findings are expected to inform future phase 3 activity.

Health Protection Update

COVID-19 pandemic has been one of the biggest health protection challenges in our lifetime. It has been over three years since the first case of COVID-19 was diagnosed in Doncaster on the 10th March 2020. A great amount of work was done by combined efforts of many people and partner agencies to respond to the pandemic. We are now at a stage of living with COVID and there are no COVID restrictions by the government in the UK. A lot of the infrastructures set up to respond to COVID-19 were stood down, and the last of these infrastructures was Incident Management Team (IMT), which held its last meeting on the 7th March 2023. The key highlights were:

- 118,243 total number of COVID cases (of these 10,193 were reinfections)
- 4,559 outbreaks or incidents were on the Incident Log and 4,529 were closed
- 17,873 local contact tracings were done (93.8% reached; and 82.4% fully completed)
- 57,073 assisted tests; and 263,929 self-test kits were carried out.
- 4,498 people were vaccinated at pop up sites in deprived communities; 300 houses knocked at in deprived areas.

Since the pandemic started, there had been **1405 deaths** from COVID-19 of Doncaster residents (up to 13/3/2023) - (deaths within 28 days of positive test of COVID).

COVID-19 has not gone away. Although the incident rate is lower than it used to be during the peak of the pandemic (Figure 1)- see page 8, COVID-19 still poses challenge to the health and care system couple with other challenges, including concurrent infections such as influenza, and workforce capacities issues. Thanks to the combine efforts of partners, COVID-19 vaccination Autumn Booster coverage in Doncaster is at 67%; one of the highest in South Yorkshire (Table 1).

Place	Eligible for Autumn Booster	Vaccinated	Percentage uptake
Barnsley	129,685	79,454	61.27%
Doncaster	152,490	102,212	67.03%
Rotherham	129,868	86,522	66.62%
Sheffield	264,370	165,595	62.78%
South Yorkshire	676,413	434,153	64.18%

Table 1: Covid-19 Autumn Boosters up to and including 12th February 2023

Apart from COVID-19, other health protection challenges remain important and are posing significant challenges to the health of our population. These include tuberculosis, sexually transmitted infections, MRSA (methicillin resistant staphylococcus aureus), Streptococcal infections (Strep Aureus) among others.

One of the lessons learnt from COVID-19 pandemic was the importance of having an excellent system-wide response to infection, prevention and control (IPC) in Doncaster, especially in the community. As a result of this learning, we have commissioned a sustainable model consolidating on what worked well locally and we now have a team of IPC nurses to respond to and prevent infections in the community, including care homes.

Health Protection Assurance Group in Doncaster continues to provide overall assurance on health protection matters in Doncaster. It does this through quarterly meetings bringing together all relevant partner

agencies. It also produces an annual report on health protection that goes to Scrutiny and Overview Panel. The scope of the Health Protection Assurance Group includes:

- Emergency preparedness, resilience and response
- Infection prevention and control
- Air quality
- Sexual health
- Substance misuse
- Immunisation and screening programmes

Each one of the above elements has a work stream (Steering Group / Committee) to that drive forward the work. In addition, the Public Health Team has maintained the Health Protection Taskforce that continues to oversee health protection emerging issues.

A huge thank you to all who have contributed to protecting the health of the people of Doncaster.

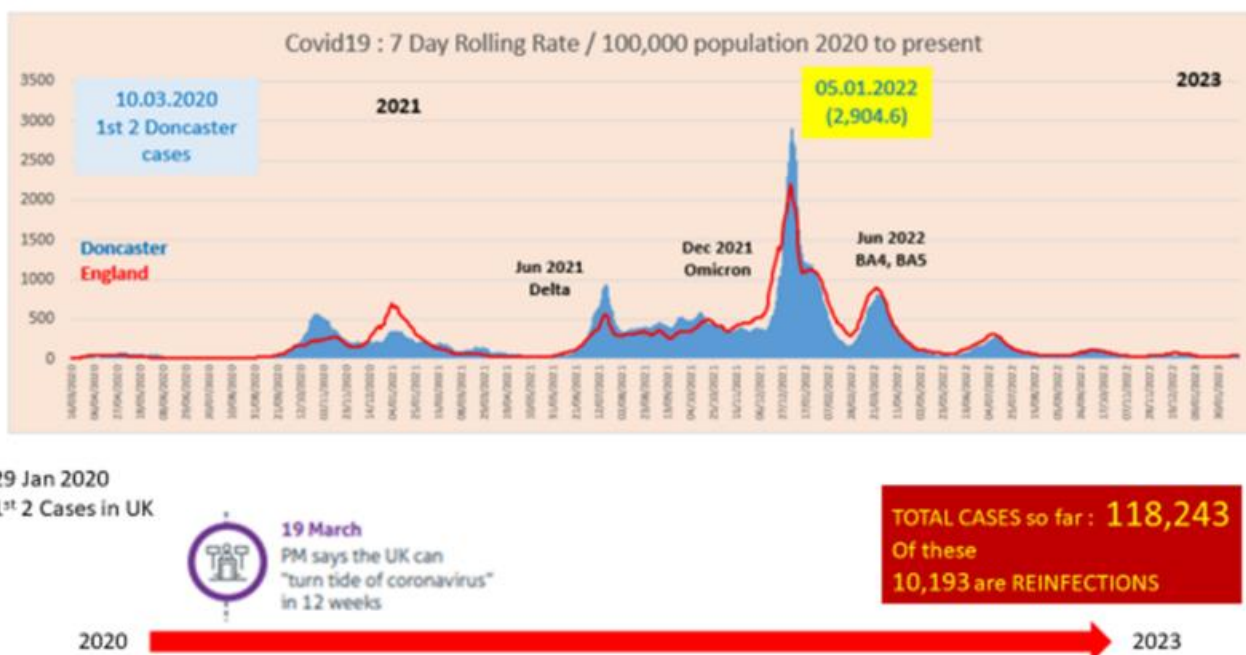


Figure 1 COVID-19 7-day Rate per 100,000 in Doncaster and England: 2020 - 2023

Health Determinants Research Collaboration

Research and the Health and Wellbeing Board

The Health and Well Being Board is the system sponsor for research. During 2022/3, City of Doncaster Council along with our partners at the University of Sheffield and Sheffield Hallam University, have been successful in a bid to host a National Institute for Health and Care Research (NIHR) Health Determinant Research Collaboration (HDRC). HDRC Doncaster represents significant investment (£5million over 5 years) to enable the Council to become more research active and embed a culture of evidence-based decision making.



This new collaboration (led by Dr Susan Hampshaw) will help develop research capacity and capability through collaborations with the academic sector and other stakeholders to undertake research to address the wider determinants of health and health inequalities. This is huge opportunity for Doncaster and our work will be underpinned by our TIDES principles:

- Work will be **Theory-Informed**, harnessing theories on knowledge mobilisation, research capacity development, and behaviour change;
- We will **Learn by Doing** and share our learning;
- We will ensure we do not privilege some voices/ ideas above others (**Equity**);
- We will ensure our collaboration is a pathway to **Sustainable** and applied research in Doncaster.

Find out more by emailing us at HDRCDoncaster@doncaster.gov.uk

As part of building capacity to do research as Place we have brought together research teams from Doncaster and Bassetlaw Teaching Hospital NHS Foundation Trust, Rotherham, Doncaster and South Humber NHS Foundation Trust and City of Doncaster Council to share our learning. Last year we reported on our working together on the Born and [Bred in Doncaster \(BaBi-D\) research programme](#). This project goes from strength to strength and our midwives have now recruited over 700 participants.

Pharmaceutical Needs Assessment (PNA)

Section 128A of the National Health Service Act 2006 (NHS Act 2006) requires each health and wellbeing board to assess the need for pharmaceutical services in its area and to publish a statement of its assessment. Termed a 'pharmaceutical needs assessment', the NHS (Pharmaceutical Services and Local Pharmaceutical Services) Regulations 2013, as amended (the 2013 regulations) set out the minimum information that must be contained within a pharmaceutical needs assessment and outline the process that must be followed in its development. (*Pharmaceutical needs assessments Information pack for local authorities: Department Health and Social care, October 2021*)

The Health and Wellbeing Board has a mandatory duty to produce a Pharmaceutical Needs assessment every three years. The PNA for 2022-25 was completed and presented to the Health and Wellbeing Board and included a 60 day online consultation over the summer of 2022. The final PNA was signed off and published on the council web site on 1 October 2022. The report can be found on the Your life Doncaster website on the [Health and Wellbeing Board page](#).

Child Death Overview Panel (CDOP)

Every Local Authority and their partners have a process to immediately respond to any child death in their place. Places also have a responsibility to conduct a review of the death, in Doncaster this is carried out by the CDOP. The Doncaster CDOP operates as one of four CDOPs in South Yorkshire and its primary focus is to confirm the cause of death and whether there were any modifiable factors that could have been addressed.

In January 2023 the 2021/22 South Yorkshire CDOP report was presented to the Health and Wellbeing Board.

The report included a thematic review into child deaths associated with maternal obesity as well as locality specific updates.

The Board asked for the CDOP process to consider how the process listens to children, young people and families and to take an equalities lens into the review of the deaths.

Safeguarding

The DSCP Annual report Oct 2021 – March 2022 is a six month report following the last report which covered 18 months.

The report is now published and available on the [DSCP website](#).

Starting Well



Starting Well

Starting Well Overview

This year's focus was on recovery after the pandemic and building on restoring to 'Business as Usual'.

In 2022 we continued to build on the foundations that were laid both prior and during the COVID pandemic. In Eating Disorder Services, additional investment over and above the agreed national allocation allowed us to build a more resilient and proactive service in Doncaster. The current wait times are now back within the national targets of 4 weeks from referral to appointment.

In Pre and Post Diagnostic Autism services, DAS (Doncaster Autism Services) are now up and running within Doncaster. This is a joint provision between ASCETS and our voluntary provider Doncaster Parents Voice to provide parents and young people to access support at the right time.

Implementation of 5-19 healthy child programme is completed with the new contract with Zone 5-19 being mobilised. The new service has responded well to the revised service design. A new element of the service that initially appears to be working well is the school health profiles. The digital offer continues to develop, the website is live <https://zone5-19.rdash.nhs.uk/> and additional functionality is being added over time. The drop-in clinic offer at the Flying Scotsman is available once again, after being halted due to the pandemic. Community clinics have been re-established at Tom Hill Centre and Bentley My Place. The service are recruiting to the Families Moving on Together programme, supporting families affected by parental substance and/or alcohol misuse.

Two areas of the Place Plan continued to be delivered; 1001 days and Vulnerable Adolescents.

1001 day pilot has now been evaluated and feedback will inform next steps. Data analysis will commence on closure of the pilot April 2023.

Vulnerable Adolescents pilot has now moved into the implementation phase. The overarching aim of the service is to deliver intensive prevention approach to working with families where concerns have meant that the family have reached a threshold where Social Care intervention has been met. The model of intervention uses a Systemic Whole Family approach based on delivering individual therapeutic support plans

developed through Psychological formulation. The service has developed a panel approach to ensuring families receive the right support at the right time becoming involved with families at the earliest opportunity.

The Panel commenced in March 2022 and discuss on average 6 requests for service weekly, currently the team are currently involved with 28 families. The service is developing a Performance Management Framework to assess the outcomes of the pilot.

Future Placements strategy has gained pace over the past year with the Short Breaks Overnight Provision opening early 23. Ofsted have reviewed the provision and provided positive feedback on the new delivery model. Children and Young People have been accessing the provision and feedback from their families has also been positive. There is now a waiting list for overnight sessions and there is a plan to expand to cover after school and holiday provision. Phase 2 of the Children With Disabilities (CWD) Home at the Oaklands site has started with renovations due to be completed by the end of March 23 to provide 4 residential places. The planned expansion of in house children's homes continues with the 2 bed homes and 16 plus residential provision due to open in the coming year.

A couple of areas were delayed due to capacity issues and restrictions caused by the pandemic including the service specification for Children's Community Nursing and Children's Therapies this is now almost fully implemented for Therapies and well underway for Children's Community Nursing.

Mental Health Children and Young People Strategy

In 2019, we embarked on a joint understanding of the Mental Health and Education support required by both Schools but also the Children and families of Doncaster.

With the publication of Year one of the [Doncaster Children and Young People Mental Health and Wellbeing Strategy](#) we embarked on a three year commitment for positive change within our borough.

Linked to their vision, the Doncaster Young Advisors also set out 9 key ambitions listed below. These act as

the foundation for all the priorities and actions set out within the strategy:

In Year One:

- We have worked closely with Kooth.com to deliver a 24/7 platform for Children and Young people. Kooth allows them access to 24/7 support via trained counsellors, journals and articles of interest as well as a moderated chat forum. As of November 2022, we have had 1938 new registrations with 307 Counselling sessions delivered.
- We have built our Crisis Teams to be available 7 days a week, as the teams continues to grow we expect 24/7 access to Crisis Support to be available by the Spring.
- We have reached out to our families and services to ask 'what good looks like now' and build on their responses for Years 2 and 3
- We have begun to see a reduction in the number of Children and young people attending A&E with suicidal ideation
- We have recommissioned our digital assessment processes for both ASD and ADHD drastically reducing the amount of time a child must wait for assessment if suitable.
- We have introduced an MDT approach prior to the General Development Assessment (GDA) to ensure young people are being appropriately triaged.
- We have ensured that mental health remains prominent in discussions linked to the school culture and the graduated approach by having it as standard agenda item at SENCo networks and inviting all mental health leads to these meetings.
- We have conducted Mental Health audits with 21 schools. To be rolled out across the system Jan- July 2023.
- We have successfully collaborated with SENCos to revamp the GDA referral process to improve service delivery and outcomes for children and young people. As a result of our work the GDA (General Developmental Assessment) referral form has now been updated and the SENCo group meeting has co-produced the changes.
- We have aligned key messaging regarding delivery aims and principles across the mental health, early help and SEND strategies and shared this widely. This means that all professionals working in these areas are now able to embed a consistent standard for all communications. We have built the 'pledge' into these communications and have a task and finish group devoted to leading on school cultural change allied to the DfE 'Better Value' project. This will lead to a team of officers being appointed in Spring to deliver this cultural input and lead this aspect of the strategy.
- We have consulted on delivering an early intervention funding model to meet needs earlier in school and this will be piloted in May 2023 and launched in September 2023.

Breastfeeding

The Children Young People and Families (Public Health) team attended the Health and Wellbeing board meeting in January 2023, to highlight why "Breastfeeding is a public health priority, Its impact on climate change, the cost of living crisis and food insecurity". Colleagues agreed that they were not familiar with how breastfeeding positively impacts the environment and climate change. The animation shared with the board is now available to view on the [Doncaster Council You Tube channel](#).

Relationships were strengthened with other colleagues within the chamber, who felt the We Support Our Mums scheme, linked well to the new Economic Strategy for Doncaster City. The board were happy to endorse the teams' recommendations around Doncaster Council implementing a Breastfeeding policy, conversations between HR and Public Health have begun. Other organisations including St Leger homes also agreed to implement a breastfeeding policy for their own organisation.



Living Well



Mental Health

Working in partnership with the NHS, we have commissioned a range of Crisis Alternative Services, provided by voluntary community sector organisations who will work collaboratively through an Alliance Agreement from April 2023. The services together aim to reduce avoidable admission to hospital through the provision of locality based, peer led support to people when they need it. The services include counselling services, peer support and befriending, crisis support and structured education across a wide range of locations and based on the individual's needs.

We have refreshed and completed the mapping of community based mental health resources across each of the 4 localities, and by the level of intervention provided e.g. prevention, early intervention, treatment. This information resource, along with the mapping being undertaken by the NHS of statutory services, will provide a comprehensive resource for partners and providers of mental health support across the localities, help identify gaps in services, and also provide opportunities for community-based services to work closer together to meet the needs of the neighbourhoods they serve. Further work is being planned to manage and update the information.

Over the past few months, we have held workshops with health and social care colleagues, to understand the pathways through mental health services, the barriers between services people with serious mental health needs may experience, and the types of housing and support needed by people with the most serious mental health needs. There is more work to be done, with plans for engagement with people with lived experience, to ensure their experiences and needs are central to future developments.

Autism and Learning Disability

Delivery of Doncaster's All Age Learning Disability and/or Autism strategy 2021- 2024 has made some big steps forward in 2022.

A new development of supported living apartments opened in Askern for more than 17 people, and in Balby, The Fairway enhanced supported living service opened

with 6 apartments for people with Learning Disability and / or Autism. We also have plans to open further apartments for young people next year.

Progress has been made in supporting more people to access Autism assessments and more access to post diagnostic support. Health services and schools are working closer together to help identify children who may have autism earlier and provide the in-school help they need, with on-line assessments available too.

A new Preparation for Adulthood workstream has been set up, to provide focus on the needs of young people as they become adults, with Pathways to employment group focussing on strengthening the links between education and employment opportunities.

Our progress in 2022 has been reported in a mid-term report against expressed wishes of people with lived experience. An Easy Read version has been developed and is being consulted on with people with learning disabilities and Autism across Doncaster.

Homelessness

Work has continued to progress under each of the Homelessness and Rough Sleeping Strategy delivery plans - Prevention, Accommodation and Care and Support. This includes:

- Securing Department for Levelling Up, Housing and Communities (DLUHC) Rough Sleeping Initiative funding for a period of three-years (2022-2025)
- Securing DLUHC Rough Sleeping Accommodation Programme capital funding in partnership with a local Housing First accommodation partner to deliver additional Housing First capacity
- Securing DLUHC Accommodation for Ex-Offender (AfEO) revenue funding for a period of two-years (2023-2025) to access new private rented sector tenancies for ex-offenders at risk of homelessness and rough sleeping in response to successfully delivering tenancies for the initial period of funding (2021-2023)
- Increased investment in prevention in response to persisting levels of front door demand
- Increased investment in the supported housing pathway including an expansion of dispersed accommodation primarily through Housing First and AfEO

- A positive 'Deep Dive' review by DLUHC expert advisers of Doncaster's Homelessness and Rough Sleeping offer

However, there is further work to do to ensure that repeat and/or entrenched rough sleepers have a more appropriate accommodation and support offer to deliver the Government's ambition to prevent rough sleeping where possible and, where it cannot be prevented, it is a rare, brief and non-recurring experience.

Carers update

Identifying, involving and supporting unpaid carers in Doncaster

An 'unpaid carer' is a person who cares for an ill, frail or disabled family member, partner and/or friend who might otherwise struggle to manage without their help, and who is not paid to do this. People who receive Carers Allowance are still classed as unpaid carers.

'We hear, we listen, we care, if you care' Doncaster's All Age Carer's Strategy 2022- 2025 was published in Spring 2022. The strategy was fully co-produced with carers and partner organisations responsible for supporting carers in Doncaster. The Strategy acknowledges the challenges that carers have faced over the last few years, particularly in relation to Covid, and seeks to improve the support available to all carers. The strategy identifies six priority areas: identification; recognition; information and advice; rights; connection, and independence and wellbeing. The accompanying action plan details the roles and responsibilities of organisations in terms of advancing these priorities.

The new Carers Wellbeing Service was launched in April 2022. The service offers carers information and advice and connects carers up to a wide range of resources and support. A new resource pack for GPs which was co-produced with carers across South Yorkshire was launched late last year and is now gaining traction across Doncaster surgeries. The pack aims to ensure a consistent way of recording carers on health systems across all surgeries in Doncaster, making carers more identifiable.

Working is ongoing to co-produce clear and accessible information for carers about their rights and sources of support.

Harmful Gambling

The UK has one of the biggest gambling markets in the world, [generating a profit of £14.2 billion in 2020](#). Previous research has shown that harms associated

with gambling are wide-ranging. These include not only harms to the individual gambler but their families, close associates and wider society. There have been growing calls by the public health community, people with lived experience and parliamentarians that a population-level approach is needed to tackle this public health issue.

At-risk and problem gambling has a higher prevalence among people with poor health, low life satisfaction and wellbeing. Harmful gamblers are far more likely to participate in 7 or more gambling activities.

According to [2020 YouGov data on gambling treatment and support](#), around 7% of the population of Great Britain (adults and children) were found to be negatively affected by someone else's gambling. Affected others are more likely to be women. The most severe impacts of problem gambling were felt most by immediate family members. Almost half (48%) of people who were affected by a spouse or partner's gambling reported a severe negative impact. This was followed by people affected by the gambling of a parent (41%) and the gambling of a child (38%).

The most socio-economically deprived and disadvantaged groups in England have the lowest gambling participation rates, but the highest levels of harmful gambling and they are also the most susceptible to harm.

A challenge faced nationally and locally is being able to connect with the people that are most at risk of harmful gambling; people do not generally come forward for support until they are at crisis point. The Doncaster Gambling and Financial Inclusion Group is taking a multi-faceted approach, working with a broad range of partners and people with lived experience to understand how to reach out to Doncaster's at-risk population and also how we capture the numbers affected so we can fully understand the extent harmful gambling across the City.

The group is working with our Communications Team to develop a strategy to reach out to the people that need support, whether that be the gambler themselves or the people around them that are negatively affected.

We are also adopting a preventative approach, for example utilising

- The resources available to work with schools to prevent children and young people from experiencing gaming and gambling harms.

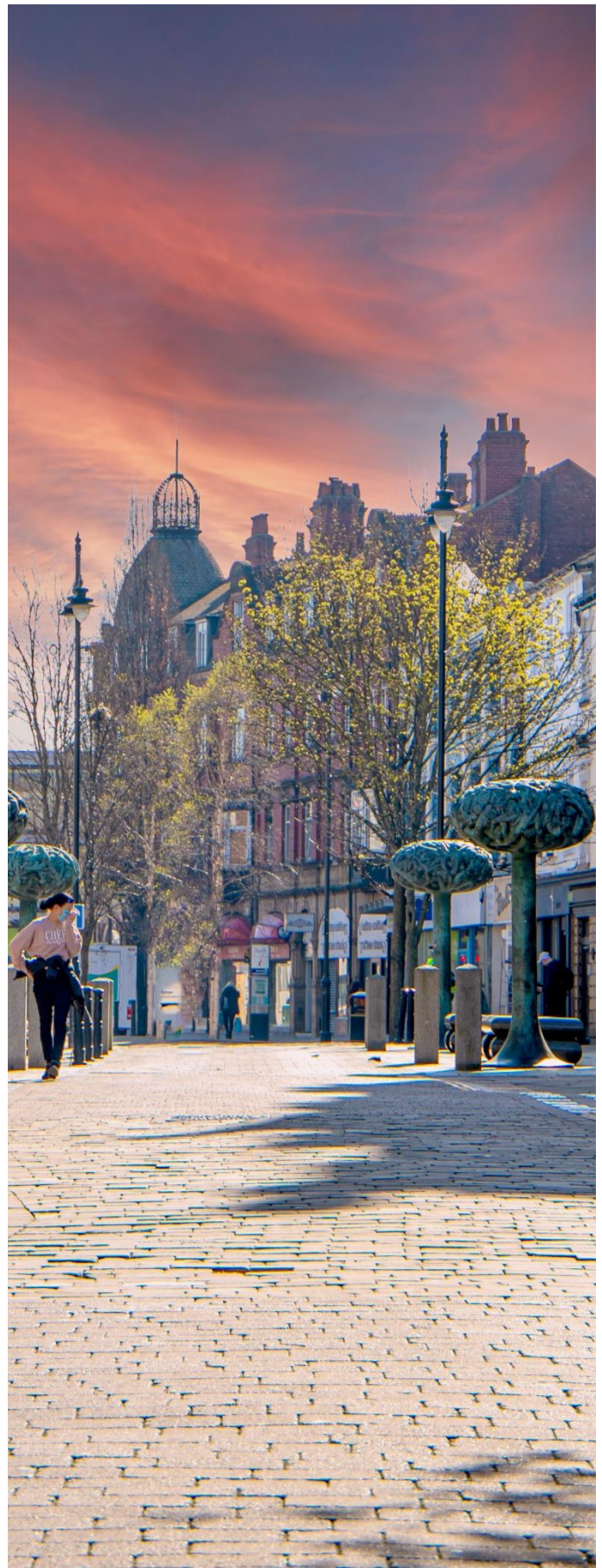
- Planning and licensing powers available to limit the number of gambling premises across the City and ensuring operators are complying with the legal standards of their license.

Substance Misuse / Project 6

The Board were updated in June 2022 regarding the high prevalence of substance misuse harms especially in relation to alcohol, at increasing rates since the pandemic. Significant funding from the Supplemental Substance Misuse Treatment and Recovery Grant for the period 2022/23 to 2024/24 will be used to improve the capacity and quality of treatment services delivery, expanding numbers in treatment by 20% and targeting greatest health inequalities and multiple and complex needs. The Board approved that work should progress to explore the development of an alcohol safe space approach targeting street drinkers and were appraised of a similar scheme in Keighley delivered by Project 6.

In September 2022 the Overview and Scrutiny Management Committee scrutiny review of commissioning drug and alcohol services found local provision to be good, with recommendations to further improve access of under-represented groups and maximise future funding opportunities. Work to develop a Combatting Drugs Partnership in line with the 10-year national strategy 'From Harm to Hope' has progressed with needs assessment, delivery plan development and outcomes framework development work strands.

The Doncaster delivery plan will have 3 strands; break supply chains, improve treatment and recovery and achieve a generational shift in the demand for drugs, and will complement existing strategies and plans. However planned work to deliver an alcohol safe space has been paused to 2024, to allow further analysis of alcohol crime and health harms in the central locality of Doncaster city. In January 2023 Dame Carol Black visited Doncaster Aspire services and met over 60 staff and partners. She was pleased with the current progress Doncaster are making but recommended stronger links with mental health, the prisons, and adoption of a trauma informed approach.



Ageing Well



Ageing Well

Overview

In 2022-23, we continued to work in partnership with our colleagues across health and social care to further develop services, so everyone has the opportunity to age well, have a good quality of life and to be able to live as long and as independently as possible. The NHS Long Term Plan includes priority commitments to support people keeping healthier for longer but underpinning all of this is a focus on health promotion and prevention. Early identification coupled with targeted support can help older people living with frailty to stay well and live independently for as long as possible.

We have implemented a local Urgent Community Response (UCR) in line with national guidance. The primary objective is to provide a consistent service at scale: ensuring full geographical coverage of a two-hour UCR 8am to 8pm, seven days a week, at a minimum. The service currently accepts referrals from a range of services with some real focus on the ambulance service being ability to “push” appropriate calls through to each local UCR. More work is planned during 23/24 to widen even further these referral sources. The UCR must provide a minimum of 9 common clinical conditions or needs that may lead to a patient requiring a two-hour response in a crisis e.g. falls, Reduced function/reduced mobility, Palliative/end-of-life and Confusion/delirium. Older people and adults with complex health needs who have a very urgent care need, including a risk of being hospitalised, will be able to access a response from a team of skilled professionals, who then will be able to access a range of pathways to support suitable individuals at home.

Virtual wards

A virtual ward is a safe and efficient alternative to NHS bedded care that is enabled by technology they support patients who would otherwise be in hospital to receive the acute care, monitoring and treatment they need in their own home. This includes either preventing avoidable admissions into hospital or supporting early discharge out of hospital. National ambition is that each place has 40-50 virtual ward ‘beds’ per 100,000 population (130 beds for Doncaster by Dec 23) The current service is focussed on two pathways (Acute Respiratory Infection and Frailty) and is delivered as an

MDT approach across acute and community services and runs 8am till 8pm 7 days a week

The first patient in Doncaster was on boarded to the Virtual Ward 24 November 2022.

Digital

Further development of Integrated Digital Care Record (iDCR) to ensure the principal solution at place for information sharing we are developing a shared assessment function for Virtual Wards and implementing and embedding NHS mail within Care Homes. The wider data from the Yorkshire & Humber Care Record (YHCR) will now be shared within the Doncaster shared record

Care Homes

A detailed programme of work has been successfully implemented in line with the Enhanced health in Care Home Framework. The focus has remained on development and implementation of proactive approaches to care across an integrated workforce.

Some of the achievements include:

- NHS contract successfully implemented across all elderly care homes, with a suite of key indicators and dashboard rolled out for nursing homes.
- Bespoke NHS mail and associated digital approaches developed; implementation commenced with positive outcomes demonstrated. Application of apps have enabled the use of I Stumble and React to Deterioration to support reduction of calls to YAS and improve use of Urgent Community Response
- RDaSH ECH team specification written and agreed, MDTs recommenced following period of pause due to recruitment issues. The team have re-focused assessment, digital documentation, and knowledge base to support integrated review of residents
- Development of ECHO programmes and implementation of competency based social care training covering EOL, Dementia, Nutrition, Oral health, Personalised Care, Skin integrity, continence, and Induction programmes
- Targeted MDT approach to work with Care Homes who were high users of 999 services for

falls with massive improvements made on inappropriate calls and conveyances to ED

A good quality of older life has been described as one of “well-being” where people are satisfied by having control over their lives. Well-being is not just about health and social care services; it also includes wider determinants of health. Therefore, we continue to ensure that any new services we commission continue with the same ethos by changing:

- From fragmented services to integrated locally based services.
- From multiple, single focused assessments to one holistic assessment.
- From multiple (sometimes conflicting care plans to one co-ordinated care plan).

Age Friendly Doncaster

Following on from last year’s age friendly festival work, partners continue to work towards an age friendly city. A baseline assessment is currently underway and there is an opportunity to join the UK network of age friendly cities which is currently being explored with the Chair of the Health and Wellbeing board.



Dementia

Partners alongside people with dementia and their carers have been working together to develop a Doncaster Dementia Strategy which will establish priorities for Doncaster across the Well Dementia Pathway.

A considerable amount of engagement has been undertaken to inform the strategy priorities and shape the future commissioned offer. Key findings are:

- Lack of Support
- Lack of Information
- Confusion navigating the system
- Referral and Assessment
- Diagnosis and Treatment
- Health Inequalities

To align with the above insight there will be a full procurement exercise during Spring/Summer 2023 for the following;

- **Pre and Post Diagnostic Service** - Providing information, advice, guidance, navigation, signposting, care and support for people with dementia and their carers/families/supporters at all stages (inc. pre diagnosis) in their journey through the assessment and diagnosis pathway and working with external organisations/providers in early identification and referral
- **Community Therapy Service** - There will be an emphasis on residents feeling supported in their communities, providing activities/services to ensure they live independently and well for as long as possible in their chosen place of residence. The service will ensure they are supported to ensure they feel less socially isolated by being part of their community, carers have reduced stress and their quality of life is improved

In response to the engagement undertaken a dementia pre diagnostic service has been implemented during 2022, provided by the Alzheimer’s Society. The service supports individuals through their journey from first noticing signs and symptoms, GP referral, throughout the assessment process and will signpost to other services to support their mental wellbeing throughout the assessment process.

Ways of Working

ICP Strategy for South Yorkshire

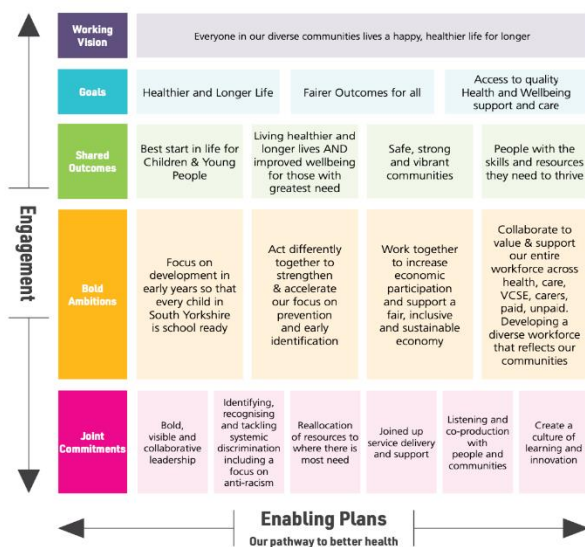
The initial Integrated Care Strategy for South Yorkshire was created by the newly formed Integrated Care Partnership between September and December 2022 and will guide our thinking up until 2030. It was informed by a refresh of our South Yorkshire population health needs assessment (Joint Strategic Needs Assessment) and insights from what the public and patients have told us matters to them. It builds on the existing strategies and plans in South Yorkshire, including our including local Health and Wellbeing Strategies, Place Health and Care Plans and the South Yorkshire Strategic Plan (2019).

to understand what is important in South Yorkshire for health and wellbeing.

The '#OurFutureSouthYorkshire' campaign offers a platform for our communities to tell their stories about the South Yorkshire they want future generations to grow up in. This campaign is open to people of all ages, all 1.4m of us in South Yorkshire. It takes a wide-ranging view of health and focuses on the wider issues that affect health and wellbeing, including education and skills, communities and families, work, homes, transport, the environment and access to green areas and an inclusive economy. Please take part.

Summary Plan on a Page

Our Shared Outcomes, Bold Ambitions and Joint Commitments



The working vision is that **Everyone in our diverse communities lives a happy, healthier life for longer**, and is in line with the Mayor's Manifesto, for South Yorkshire to become the healthiest region in the UK. The diagram below sets out the plan on a page for the strategy

This initial Integrated Care Strategy is very much the first step, and our joint approach will continue to evolve. We are keen that we continue to engage with our populations and

Doncaster Delivering Together

Doncaster Delivering Together, our Borough Strategy, was agreed in September 2021 and sets out a vision for the type of place we want Doncaster to be by 2030. It has a central mission of 'Thriving People, Places and Planet' and a set of goals and priorities that inform and guide the work of Team Doncaster.

In the past year we have set out, through a series of summary agreements, the deliverables across the partnership for 2022-23. Each group has set out what they will deliver and how it will contribute to the priorities in Doncaster Delivering Together. We will, in early 2023-24, set out a summary of what we have achieved and what we plan to do in the year ahead as a partnership. Furthermore we have set out a new outcomes dashboard that is available on the Team Doncaster Website to show publicly how we are doing against the outcomes measures we have set ourselves ([Doncaster Delivering Together - Team Doncaster](#))

Get Doncaster Moving (GDM) - Physical Activity

"Healthy and vibrant communities through movement, physical activity and sport"

Doncaster is taking a place based, whole system approach to tackling inequalities in physical activity (PA). The Get Doncaster Moving Team (GDM) coordinates a collaborative approach across Public Health, the City of Doncaster Council and Team Doncaster. Within the Public Health Directorate, the

GDM team shares resources and works in partnership with the Well Doncaster and the Wider Determinants teams. Together they have a central leadership role in connecting policy, projects, data and intelligence to shape effective local support for PA.

Highlights over the past year:

- **Strengthened partnerships and collaboration** - through the refresh of the GDM strategy that sets out a shared vision for movement, physical activity and sport until 2030, with eight themed policy ambitions. Over a hundred people attended a launch event for the strategy from a wide range of organisations. Also through a bi-monthly partner newsletter, a blog and quarterly meetings with the GDM Network, made up of people, groups and organisations who work together to support residents to be active.
- **Men's Rugby League World Cup** - Doncaster hosted three fixtures and hosted the Samoan Men's National Team (SMNT). The GDM team coordinated an engagement and impact programme that included: the SMNT visiting schools and clubs; over 350 children having match day opportunities (e.g. ball crew and half-time performances); securing £700k for a purpose built facility for a Doncaster amateur Rugby League club; and 11 community groups receiving micro grants to deliver RLWC2021 themed activities.



Figure 2 Rugby League World Cup

- **'Gameplan' resource launched** - in partnership with Leeds Beckett University to share our learning about maximising community impact from hosting major sport events.
- **Active Schools** - over 60 primary schools have joined the Doncaster's PE and Active schools network to share good practice, learning and opportunities. In addition, 13 primary schools have signed up to the Creating Active Schools Framework and so far almost 4,000 pupils have benefitted from a 12 month programme of activities. A 'peer to peer' approach is used with teachers supporting each other to implement the framework.

- **Dance (in partnership with darts)** - 15 Dance On! sessions set up across community venues and care settings. Also a free programme of Dance On! at home classes through the darts website and Sine FM radio for people aged 55+.



Figure 3 Dance On Session

- **Investment in Leisure Centres** – Askern Leisure Centre reopened in February 2023 after £6m of investment that has transformed a coal-fired building into a multi-purpose wellbeing-centre, integrated with an adjacent country park and powered by air-source heat pump technology. Other investment includes the on-going refurbishment of Thorne LC and £2.5m earmarked for the refurbishment of the Dome, which will commence in April 2023.



Figure 4 Refurbished Pool- Askern Leisure Centre

- **Doncaster Future Parks** – engagement with 1,715 residents has shaped the development of the Future Parks programmes on four sites through surveys and community events. Using HUQ public mapping data we have identified that across the 15 future parks there have been over 2,760,000 visits to these spaces in 2022. The Doncaster Green Space Network (DGSN) has supported the development of new and existing voluntary groups through training and assistance to deliver community events and activities. There has been an increase in collaboration across the DGSN with more groups working together to achieve common goals. In the autumn, we launched the

Doncaster Parks Corporate Volunteering pilot, helping business deliver their social corporate responsibility whilst helping restore our parks and green spaces through active work. The delivery of trails in partnership with Doncaster Mumbler also encourages children and families to visit and enjoy a free activity in their local park.

- **Active communities in partnership with Well Doncaster** – six GDM Community Connectors



Figure 5 Hexthorpe Park

are in place to support residents to access opportunities close to where they live. Our 90th Active Communities Grant has been awarded (total value £42,200) since the start of the programme in 2020. Grants are awarded to individuals and groups to support inactive residents to be more active.

- **Active travel** - we have supported the Wider Determinants and DMBC Transportation Team to secure investment to deliver a pilot to test how we support residents to travel actively through social prescribing. The walking programme has grown significantly, and we are now supporting 30 community led walking groups across the borough. We have trained 84 Community Walk Leaders and 40 Ramblers Wellbeing Walks Walk Leaders.

Well Doncaster

For a full report on the programme refer to the [Well Doncaster website](#).

Community Centred Approaches

Well Doncaster utilised community centred approaches to reduce health and wealth inequalities. Since 2015 we have been adding to the existing evidence base that investing in; supporting, working with, and empowering communities facilitates healthy communities. Some of our defining characteristics include a continued commitment to utilising community centred approaches in creating a community led Health and Wealth

approach, encouraging and facilitating asset-based discussions with our residents and ensuring communities are involved in decision-making about where they live, work and play. We have been the leader in using Asset Based Community Development (ABCD) as the starting point in approaching local challenges and opportunities and feel embedding assets-based approaches in the way we work with individuals, families and communities is crucial to the achievement Team Doncaster's overall vision.

Community Wealth Builder

Community Wealth Builder (CWB) provide free support to new and existing community organisations through a variety of workshops, training, and one to one support. We facilitate ongoing engagement across the Voluntary Community and Faith Sector to ensure support is delivered how, where and when is best for them. Favourite sessions include business start-up workshops, fundraising opportunities, social media, as well as new titles including strengthening resilience during change and Effective Time management. A series of networking events are being delivered across the borough bringing organisations together to foster collaboration and peer support and provide opportunities to meet a range of funders.

Be Well Doncaster

Health and Wellbeing Coaches provide one to one support to residents using evidenced based behaviour change techniques to understand and address the root drivers of health behaviours. This approach enables the identification of gaps in both commissioned and community services leading to better understanding of where needs are not being met and inform the design and development of hyper local solutions through locality commissioning.

From the launch in 2021 Health and Wellbeing Coaches have supported 1020 residents in making positive lifestyle behaviour changes. Coaches work one to one with residents, utilising person-centred approaches to recognise and build their individual strengths and assets, enabling sustainable positive changes.

Be Well Doncaster has been working with community organisations and set up 14 community-based peer groups for Wellbeing, Bereavement, Fibromyalgia, Diabetes and COPD across each locality and an online Hidden Conditions peer group. The peer groups provide education, information, and an opportunity for peer support to enable better self-management.

Locality Commissioning

In 2021 the Local Solution Community Investment Fund (LSCIF) was launched by Well Doncaster as a test and

learn project using community centred approaches to invest in hyper local ideas. The LSCIF offered funding to community organisations of all sizes to support community activity that met community priorities identified through community insight, local intelligence, and data to support local Voluntary Community Faith Sector (VCFS) organisations recover from the impact of COVID-19 and reduce the use of primary and secondary care services.

The outcomes from the LSCIF demonstrated that embedding community centred approaches such as community insight through Appreciative Inquiry, World Cafés, participatory budgeting, and participatory appraisals leads to innovative, hyper-local support that is tailored to each community. Using these approaches provides confidence to all stakeholders, including communities and commissioners that the investment will meet community priorities at a hyper local level, moving residents away from primary and secondary care and will be delivered in ways that meet community needs and aspirations.

Local partners were keen to build on this work and establish a new form of community investment. City of Doncaster Council (CDC) worked with Doncaster's Integrated Care Board (ICB) and VCFS organisations to establish an investment process which aligned with two of the four quadrants of the locality approach; Locality Commissioning/Investment and Asset Based Community Development. The process would co-design and co-deliver with the VCFS against some of the actions and priorities in the 2022-23 Locality Plans. Locality Investment (non-recurrent Better Care Funded) allocated £2.039m for local strength-based community commissioning, providing an innovative opportunity to use non-recurrent funds to test and learn new approaches to commissioning, move from a deficit approach to strengths-based commissioning approaches and be recognised as an ambitious and aspirational borough, leading the way in creative bold community placed based commissioning.

The collaborative strengths-based approach to developing hyper local interventions was used as an innovative approach to challenge the competitive culture that has been fostered with the VCFS through traditional funding streams and encourage grassroots organisations in accessing funding. The approach also raised opportunities for the CDC to review the way they commission and procure co-produced services with large financial envelopes in line with procurement legislation.

Cost of Living Welcome Spaces

To support the residents of Doncaster through the winter period of 2022-2023, building on national evidence and case studies, action was taken to develop

a network of warm and welcoming spaces across the borough offering free, safe and warm places in hyper local locations for residents of all ages.

Doncaster has a host of trusted community spaces which offer targeted and universal support to residents. In response to the cost of living crisis, it is proposed that these venues be highlighted to residents as welcoming, safe, non-judgemental, warm spaces where they can relieve the pressure on residents to heat their home and provide more access points to information advice and guidance. There are core values which each warm space is to embrace and embed leading to safe and supportive environments.

Welcome Space Values:

- Everyone receives a warm welcome
- Everyone is treated equally, with dignity and respect
- Everyone feels safe
- Everyone has a confidential listening ear if they want one

It was recognised that not all organisations have the same levels of resources, skills and capacity and to ensure the correct level of support was available to each Welcome Spaces, a menu of different tiers of support was developed. This included Community Wealth Builder and Well Doncaster support to develop provision, support in access funding and how to complete funding application forms, access to support package of training and other guidance and supported to promote and be featured on council and community communications.

To support community-based spaces with additional costs in the delivery of Welcome Spaces, a grant of up to £5000 was established through the existing Voluntary Community and Faith Sector (VCFS) Fund managed by the Social Isolation Alliance. The criteria of the VCFS Fund was amended to include addressing the cost of living crisis and a section had been added to the application form if applicants are applying for funds to support the delivery of a Welcome Space and/or energy bills. The fund supported 13 organisations to a total of £40,736.

Citizens Advice Doncaster Borough Outreach

In 2022, in an effort to provide more support to individuals and families due to the economic consequences of Covid-19 and the cost-of-living crisis, Citizen Advice Doncaster Bureau (CADB) were grant funded to expand their presence in the borough from 3 fixed offices to a network of 20 hyper local community-based outreach sites, providing face to face appointments in community centres, libraries, foodbanks and banks.

These outreach sites have proven to be successful in providing hyper local access to free information advice and guidance and support residents up the poverty

ladder through working in partnership with foodbanks and community organisations. The community-based outreach sites have enabled residents who have never accessed services, such as those in work, to find easily accessible support preventing potential crisis and providing security for residents.

Foodbanks

The cost-of-living crisis is having a detrimental impact on residents of Doncaster. Figures show increasing numbers of residents unable to afford food and other necessities and people from all 'walks of life' turning to foodbanks for support. There are 27 active foodbanks working across the borough offering vital support to individuals and families. Well Doncaster has been supporting foodbanks in accessing funding through the Household Support Fund, developing a more rigorous monitoring process to keep track of demand and understand trends and foster greater collaboration through facilitating the establishment of a Foodbank Forum.

Arts and Health

The Arts & Health Board is chaired by darts and Heritage Doncaster and membership includes senior leaders from the council, social prescribing, health professionals and other key culture, health and social care representatives. We aim to work with commissioners to recognise the value of creative programmes for their patients, find ways to embed creative activity into health pathways and be nationally recognised as delivering best practice in the area of Creative Health.

This year we have worked with University of Leeds, Arc/Sheffield Hallam and Yellow Lens Research to demonstrate the impact of taking part in creative programmes. Evidence shows that our work has improved people's mental health and decreased their feelings of isolation, increased physical activity in older adults and contributed to the ability of people to live well with dementia. Further papers will follow from darts' Dance On work around how we can reduce fear of falling and address Frailty in older adults and we will work with Get Doncaster Moving to find ways to embed this work into health pathways.

Doncaster's work featured in an ICS briefing paper for South Yorkshire - 'Improving health outcomes through culture, arts and heritage' after darts gave the keynote speech at the Culture and Health Symposium.

Compassionate Approach

Doncaster's Compassionate Approach to health and wellbeing continues to progress.

At the beginning of 2023 we launched our first public-facing comms campaign. The purpose of the campaign was to provide alternative inspiration and support for setting New Year's resolutions that maximise health and wellbeing without promoting weight stigma or diet culture. The campaign has been received positively, engaging hundreds of residents, and an evaluation has been conducted to embed learning in future campaigns.



Figure 6 Alternative Resolutions Campaign

Development continues with a package of training and resources to support health and wellbeing professionals to implement a compassionate approach practically. This development draws on existing research and insight gathered from key local colleagues and close partnership-working with a registered dietician. Plans are being made for a pilot and evaluation to test effectiveness, working with the newly established Doncaster Health Determinants Research Collaboration.

Public engagement continues to inform the development of the compassionate approach. a Public/Patient Engagement Group has been launched, and the results of our successful 2022 public consultation are being used to inform future work. The consultation asked residents a range of questions on the topics of food, health, and weight. Highlights include:

Access to food- 78% are easily able to get the foods that they want to include in their diet. Money/ cost (33%) and time (11%) were cited as the top two reasons people found it difficult to get the food they needed into their diet.

Children and Families- 41% of participants who take their children to the supermarkets with them said this impacts on what they buy. 22% told us that their child is overweight or very overweight (3%). 51% state that they worry about the weight of their children sometimes or

more. 50% worry sometimes or more about the quantity of food their child is eating. 63% worry sometimes or more about the nutritional content of the food that their children eat.

Advertising restrictions- 88% would support the restricting of junk food advertisements outdoors.

Weight management experiences- Most people believe losing weight is difficult (33%- a lot, 34%- a great deal). 78% of respondents were currently trying to lose weight. 94% had tried to lose weight in the past (this was equal for male and female respondents). 90% had lost weight in the past. 45% had tried to lose weight 10 or more times.

Weight Stigma: 78% of respondents believe people who are overweight or obese are discriminated against. 83% believe that people should not feel stigmatised for their weight.

More results and information are available here:

[Doncaster Talks Previous Results.](#)

We are continuing to embed compassionate principles within the organisation and test it in existing programmes and services. Most notably: continued partnership-working with Get Doncaster Moving; input into the Doncaster Economic Strategy; and the development of compassionate public health messaging in relation to Housing and Smoking.

2022 saw the creation of a Practice Group which brings together colleagues from outside of Doncaster with an interest in adopting our Compassionate Approach, to share learning, resources, and best practice. The group is well-attended and is building a platform for wider influence beyond Doncaster.

Heritage and Culture

Heritage Doncaster's History, Health and Happiness programme aims to tackle isolation and improve wellbeing by using museum collections as the basis for outreach and community engagement activities. Our activities use history and storytelling to spark conversation, improve wellbeing and tackle isolation. Simply put- we use history to empower people to feel good about themselves and their communities, and to feel more connected.

History, Health and Happiness works with adults and families. The activities are delivered in partnership with other organisations and independently. People access our programmes by self-referral, as well as through referrals from social prescribing, and other third sector organisations. The work is funded by Arts Council England. All activities take place in localities. The work is evaluated by Sheffield Hallam University and Arc Research and Consultancy Ltd.

See: www.heritagedoncaster.org.uk/happyhistory

Activities include:

- **History Book Club-** Adults experiencing isolation explore history through getting hands-on with museum objects and reading.
- **Curiosity Club-** Under 5s and their adults explore the past through story, games and craft. Developing motor and literacy skills, and boosting wellbeing of parents.
- **Herstory-** Working age women explore the lives of women in the past through craft, storytelling, and objects, aims to build confidence and skills.
- **Back to Nature and Cooking Through Time.** A collaboration with Yorkshire Wildlife Trust, bringing the past to life through cooking on open fires, foraging and woodland craft. Aimed at adults experiencing poor mental health.
- Collaborative visits with b:friend, Alzheimer's Society and other groups.

Digital Social Club attendees

Based on a t-test. Data from twenty people drawn from the population of those that participated in Heritage Doncaster Digital Social Club activity during 2020 to 2022. Data points include eleven baselines taken prior to Covid-19 lockdowns and three participants whose baselines were taken during the November 2020 Covid 19 lockdown. Data only includes people that have experienced the main programme and per force excludes any that may have voted with their feet and not continued after initial engagement. We caution that lockdown may be an extraneous variable that confounds useful interpretation of these statistical analyses:

- 93% Learned something new
- 100% Met new people
- 100% Shared their skills knowledge or memories – there was a 25% increase over the period.
- 100% Talked to people outside their age group – there was ~10% increase over the period.
- 80% Made someone else feel welcome – there was an 85% increase over the period.
- 70% Became interested to try other activities in my community – there was a 25% increase over the period.
- 85% Found out about places near them – there was a 10% increase over the period

Herstory

Based on Warwick Edinburgh questionnaires of 10 people, 7 December 2021 to 1 March 2022, We caution that lockdown may be an extraneous variable that confounds useful interpretation of these statistical analyses

- 100% learned something new
- 100% met new people
- 100% Shared their skills, knowledge, or memories
- 100% Talked to people outside their age group
- 86% Made someone else feel welcome
- 100% Became interested to try other activities in their community
- 100% found new places near to them

Other

460 interactions- 1 April 2021-1 April 2022

1500 interactions 1 January 2022- 31 December 2022

Activities at Danum Gallery, Library and Museum:

December 2022 saw the launch of ACES at Danum Gallery, Library and Museum. A monthly after-school get together for young people with autism and their siblings. The sessions focus on building confidence and friendships, and boosting wellbeing. 10 families attended the first session. Regular attendance now includes 12-16 families.

Rhyme Time takes place every Wednesday in the Children’s Library at Danum Gallery, Library and Museum, for under 5s. Participants have shared that attending the group has enabled them to meet other parents, and create a new “community”. Regular attendance of 70 people.

Shared reading sessions are taking place at Danum Gallery, Library and Museum, encouraging participants to meet others, relax and enjoy a book.

Museum Mini-Makers runs every Tuesday in the museum space at Danum Gallery, Library and Museum. Under-5s and their adults are encouraged to develop literacy skills, motor skills and meet new people through stories, crafting and museum objects.

Changing the Record and Herstory: A Walk-Through Time. Six volunteer researchers participated in the Changing the Record research programme that aims to uncover untold or lesser told stories from Doncaster’s past. The researchers uncovered the stories of 7 women from Mexborough, Edlington and Thorne. The researchers built skills, and all shared a positive mental health impact- as well as fostering pride in their home city. A panel of young people (aged 6-13) then voted on the women they would like to be commemorated with place markers and created illustrations for them. The place markers will be installed in Spring 2023.

Cusworth Hall continues to host Park Run, with 120-160 finishers regularly attending.

Other activities at community locations:

Shared reading sessions continue with Age UK, in collaboration with The Reader. The sessions are delivered for those with dementia. Attendees share that they look forward to the sessions, and the session leaders have observed improvements in the participant’s levels of engagement, confidence and communication.

Better Care Fund

The Better Care Fund (BCF) enables people to stay independent for longer and improves hospital discharge and re-ablement pathways through services across health, public health and adult social care. Broadly speaking BCF’s aim is to make the most efficient and effective use of health and social care resources by breaking down organisational barriers. In doing so it assists people to live independently in their communities for as long as possible and to deliver the right care, in the right place, at the right time.

Strategically commissioned services have been developed in partnership to address BCF priorities with this year’s plan including system wide demand and capacity modelling for the first time. Locally there is an emerging focus on longer term outcomes and the need to validate with our communities to ensure voices are heard and gain a shared understanding of how we can better support our most vulnerable customers. BCF could play a significant role in identifying opportunities, resources and relationships to support this approach.

Fairness and Wellbeing Commission

In 2022, in Doncaster more and more residents experienced the effects of the increasing energy, food and service costs. It is not ok that in Doncaster many of our residents live in poverty and have been less likely to cope with the current cost of living crisis.

Poverty in all its forms affects people’s well-being. To help ensure that everyone in Doncaster has a decent standard of living, the Health and Wellbeing Board commissioned the establishment of a Fairness and Wellbeing Commission to identify the changes locally that we can make to support people who are struggling.

The Fairness and Wellbeing Commission are currently reviewing evidence on the experiences of people who live and work in Doncaster so that they can better understand the challenges and opportunities they face. It will make an independent strategic assessment of the nature, extent, and causes of inequalities in Doncaster and prioritise recommendations for tackling them in the medium and long term to improve fairness and well-being across the borough.

The potential wide scope of this inquiry means that the Commission may need to prioritise a number of key issues. The commission will operate in a similar way to that of a parliamentary select committee, mounting a short, focused enquiry, taking evidence, and producing a final written report.

Rt Hon Dame Rosie Winterton DBE MP chaired the first session held on the 27th January 2023 with 24 members representing a wide range of organisations including public, private, voluntary, faith and academia. There are currently eight sessions planned to examine data, insight and engage with experts, with a report expected in Autumn 2023.

Residents and organisations are encouraged to contribute to the Fairness and Well-being Commission by contacting fairnessandwellbeingcommission@doncaster.gov.uk with further information available at: [Doncaster Fairness & Well-being Commission - Team Doncaster](#)

Economic Strategy

The Doncaster Economic Strategy 2030 was approved by Doncaster Council Cabinet on the 14th December 2022. The strategy outlines Doncaster's approach towards a wellbeing economy, one that is regenerative and inclusive.

Central to this is an overall new approach to what a successful economy looks like, through the lens of 'good growth'. Our good growth is Healthy & Compassionate. The Covid-19 pandemic has highlighted that the economy and health are not in competition with each other; they are mutually supporting. It has demonstrated beyond doubt that health resilience at all levels is vital to the functioning of our economy, and that the economy is vital to health resilience. We need to see health as the new wealth. Therefore, one of the key measures of the value of economic growth is the extent to which it improves the health and wellbeing of Doncaster's residents.

This strategy was developed through engagement with stakeholders from across the borough, including Team Doncaster partners (including the Health and Wellbeing Board), local businesses, the third sector, and residents.

Through this engagement, a mission-oriented approach was undertaken. Three Missions were developed which demonstrate the role of Doncaster's Economy in delivering on the commitment to 'Thriving People, Places and Planet':

- By 2030, we aspire to have an economy that improves the living standards for all and leaves no people behind

- By 2030, we aspire to have a more resilient, productive economy across all places
- By 2030, we aspire to have a greener, regenerative economy that restores and enhances our planet

These will be driven forward by five Mission Priorities, each with key aims that summarise the intent and Mission projects to help drive change. These priorities will not be seen as siloed, but rather as overlapping areas of focus that work in conjunction with each other, providing cross-cutting opportunities to improve health and wellbeing:

1. Industry Platforms
2. Employment Opportunities for All
3. Green Economy
4. Vibrant Places
5. Physical and Digital Connectivity

Following an official strategy launch, the next step will be to move into the delivery phase, starting by bringing together key stakeholders to develop detailed action plans. We anticipate Health and Wellbeing colleagues will be key delivery partners across multiple strands within the strategy as we transition towards a wellbeing economy that is inclusive, regenerative, and works for people, places, and planet.

Health Inequalities

Working together to tackle health inequalities across Doncaster

Bold and brave leaders across Doncaster are committed to threading health inequalities through their core business and to focusing on the specific needs of our most vulnerable core20 and inclusion health communities' who find health and care services hard to reach. Connecting with communities and strengthening the community voice is a priority and we have brought together health inequalities, social isolation and digital inclusion into one steering group, so we can be more impactful in listening to communities together, understanding what has happened to people and what really matters to them when it comes to improving their health and wellbeing? This year's inequalities vaccination team visited seldom heard communities, areas of high deprivation affected by cost-of-living crisis, community groups for people with learning disabilities and with mental health disorders and people experiencing homelessness. 242 flu and covid vaccinations were given to people, who would not otherwise have come forward. This inclusive and compassionate approach will ensure that we are clear

on the actions which will make a difference to people and can allocate precious time and resources appropriately. Tackling health inequalities is starting to be embedded in partner strategies, business planning, induction and mandatory training. We are bringing localities, health, voluntary community sector and wider partners together to focus on improving access to health and care. There is also agreement that all partners have a role to play in creating time for prevention and early intervention, so that we can improve the health and wellbeing outcomes of residents living in Doncaster, whilst also reducing the demands on services.

Moving forwards, three key priorities for tackling health inequalities have been agreed by the Doncaster PLACE Committee:

1. Implementation of national core20plus5 programme for adults and Children and Young People, with a particular focus on Healthy life expectancy of women living in deprived communities.
2. Increasing awareness of health and care staff about the levels of poverty within Doncaster, the impact this has on the lives that people are living and their ability to access and connect with health and care services.
3. Following participation in a national programme run by Kings Fund, Groundswell and Pathway looking at Inclusion Health, there will be a particular focus on the health and care needs of people experiencing social exclusion and marginalisation e.g. people experiencing homelessness and rough sleeping and people living within Gypsy Roma Traveller communities.



Next Steps and Recommendations

The ambition for 2023/4 is to build on the work and recommendations from the last years report and to deliver the following:

1. Continue to embed and address Health inequalities into the work of the Health and Wellbeing Board and the Fairness and Wellness commission through training/workshops/events and meetings
2. Continue to embed public voice into the Health and Wellbeing board through lived experience and deep dives across life course areas
3. Develop and strengthen the links and relationships with the voluntary sector and new health structures and systems across place
4. Continue to develop and build on the community centred approaches including Well Doncaster, Get Doncaster moving and compassionate approach to health and wellbeing through targeted approaches and locality working <i>Get Doncaster Moving: Step up the pace and impact of the borough's preventive work, through the work of Public Health, Get Doncaster Moving and the many CDC Departments and Team Doncaster organisations with an essential role to play. The GDM Team will increase the work to integrate physical activity within health and care systems so more residents can enjoy more healthy years of life.</i>
5. Refresh the health and wellbeing strategy in line with other strategies including the ICP strategy and other related existing strategies